



**Five Nations Energy Inc.**

Bringing power to Western James Bay

## **SUMMERTIME ENERGY-SAVING TIPS**

It's summertime and the warm weather is here! The FNEI Conservation Program team wants to help you keep cool and conserve energy. Here are a few tips to help, be sure to send us yours too!



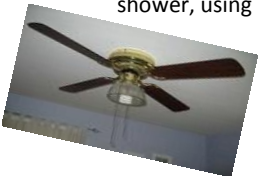
### **Cooling without electricity**

Keep your drapes drawn and windows shut during the hot sunlight hours. Open your windows during the cooler times of the day and create a draft of cool air.



### **Cool showers**

When it is hot outside you can refresh yourself with a cool shower, using less hot water than you would in winter.



### **Use fans to keep your home cool**

Use ceiling fans or floor fans when you need to cool down your home. They use less energy than an air conditioner.

### **Summer cooking**

Give your stove and your pocket book a break by cooking the traditional way outdoors. Prepare more meals that don't require cooking; or use the oven early in the morning when it is cooler.



### **Electricity free games**

Encourage your children to unplug the Wii and Xbox and have fun playing with their friends outdoors. Play ball games, Frisbee or how about trying some traditional games like your grandparents played before the arrival of electricity?

Tell us how you conserve electricity. Send your summer electricity conservation tips to [info@fivenations.ca](mailto:info@fivenations.ca) or by visiting our FNEI Facebook Page and posting a message on our page.

The FNEI Conservation Program is a long-term project that serves Attawapiskat, Fort Albany and Kashechewan through community engagement on energy conservation. The program has three main focuses – awareness and education; installation of energy saving products in homes; and audit and retrofit of selected older homes. For more information visit



FNEI Conservation Program

[www.fivenations.ca](http://www.fivenations.ca)

***In our home we conserve energy save money***

